

A photograph of three women in a yoga studio performing a backbend pose. They are standing on a wooden floor with a wooden wall in the background. The woman on the left is wearing a white tank top and dark leggings. The woman in the middle is wearing a white tank top and teal leggings. The woman on the right is wearing a blue tank top and black leggings. They are all leaning back with their arms raised and hands clasped behind their heads.

STRIKE A POSE FOR CHARITY

Saturday May 21, 2011 • 8am – 6pm

YogaWorks Westlake Village has joined forces with ACT Today! – an organization dedicated to increasing awareness of autism and providing treatment services to families of children with autism – to create an event where every body wins, a full day of fitness and charity.

The logo for ACT TODAY! features three stylized human figures in orange and red, holding hands and forming a circle. Above them is a crown-like shape. The text "ACT TODAY!" is in a bold, sans-serif font, with "ACT" in orange and "TODAY!" in black. Below the logo, the text "Autism Care and Treatment" is written in a smaller, black, sans-serif font.

ACT TODAY!
Autism Care and Treatment



Westlake Village • 2475 Townsgate Road, 91361 • 805.371.3030



Join ABC7 News Anchor Woman Ellen Leyva
and Erik Kramer former quarterback for
Chicago Bears for a day of fitness for charity!

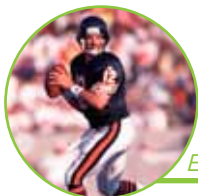
Ellen Leyva

8:00-8:45am	SculptWorks
9:00-9:45am	YW-X
10-10:45am	BarWorks
11:00-11:45am	Family Yoga
12:00-12:45pm	Intro To Yoga
1:15-2:00pm	Mat Pilates
2:00-2:45pm	YW-X
3:00-3:45pm	YW Cardio Flow
4:00pm	Raffle Drawings
4:15-5:00pm	DanceWorks
8:00am-5:00pm	KidsWorks childcare

Free of charge - please call to reserve your time slot by May 19th

Refreshments will be served from
Noon - 4:30pm

Erik Kramer



Suggested minimum donation of \$10/class.

Raffle Tickets are \$10. 100% of proceeds go to ACT Today!

YOGAWORKS THANKS THE GENEROUS SPONSORS:

Bucco di Beppo · Dermatique Skin Spa · Good Habit Food Shoppe · Homemade
Harvey's Fruit · Jan's Car Wash of Thousand Oaks · Kindercare Childcare of Westlake
· Lancome · Pump Station · Programs After School · Sea Casa · Shari Phillips
Acupuncture · Soma Intimates Boutique · Talent Lab · Trader Tots · Westlake Village Inn ·
Westlake Magazine · Whole Foods · Whole Health Family Chiropractic · ZEN Food

